

## What are Playdates?

Playdates are short interactive workshops for you and your child/ren to participate in and learn play ideas and information which you can use at home and at playgroup. The sessions are split into baby sessions specifically for children up to 2, and general sessions available to all ages of children up to 5 (although they are aimed primarily at 2-5 year olds). Please note that as baby sessions are intended for babies under the age of two, if you must bring older children along as well, we cannot offer childcare for them.

### These playdate sessions will be available:

#### Sensory/Messy play / Baby sensory/messy play:

Be prepared for mess as we explore a variety of edible (for babies) substances, different textures, smells and sounds in this session that is our most popular! **Be prepared to get messy and bring some spare clothes – for adult and child.**

#### Music & Movement / Baby Music play:

Let out your inner musician/dancer! Both you and your child will have a great time moving to music, singing action songs, exploring instruments, scarves and more. Music is a fantastic way to develop concentration and confidence, as well as turn taking, language and social skills. Learn how to make simple instruments and yes, you will have to sing! 😊

#### Bluearth - Mighty Movers

Children under five are starting to learn how to use their bodies. Regular physical activity through play not only improves motor skills, muscle and bone strength, it also develops a sense of self confidence and independence. Join us and explore how simple it is to bring more activity and movement into your family life and create positive attitudes towards being active.

**Our Birth-Prewalker** session focusses on engaging with your baby through movement, keeping your body healthy with simple stretches and exploring nature together.

**Our Walker-5 years** session focusses on activities for gross motor skills and demonstrating loose parts and nature play.

#### Literacy / Baby Literacy

There are many ways to develop literacy skills. Read a book, complete a puzzle, look at the environment e.g. signs, shops and products. They all go towards developing literacy skills. Come and find out how and more....

#### Science and Numeracy (2-5 year olds)

Science and Numeracy is all around. Answer those questions children ask. Fun and interactive activities to extend your child's interest, Develop an understanding of maths, numeracy and science through play. Come along and find out just how much fun it can be.

## How long are they?

Generally sessions run for 30 minutes, but they may be as short as 20 minutes or as long as 40 minutes, depending on the children attending on the day. By the end of the sessions children have really had enough, even if the adults would like to stay and play for longer!

## When and where are they?

This time playdates will be in the first week of school holidays **Monday 3<sup>rd</sup>, Tuesday 4<sup>th</sup>, Wednesday 5<sup>th</sup>, Thursday 6<sup>th</sup> and Friday 7<sup>th</sup> July** and will be held in the Cook Castle playroom, 41 Templeton Street Cook. The specific session dates and times are listed on the reverse side of this form.

## How do I book?

You **must** book in order to attend these sessions. To book a session please fill out the form on the reverse side and either fax it to 6251 9887, scan and email it to [play@playgroupact.org.au](mailto:play@playgroupact.org.au), post it to ACT Playgroups, PO Box 513, Jamison Centre, ACT, 2614, or hand it in at our office at the Cook Community Hub, 41 Templeton St, Cook (parking and entrance off Ellis Street – times: Mon - Fri 9:30am to 2:30pm, school terms only). **No bookings will be taken without a completed form, and payment** (if required). Current financial ACT Playgroups members are free, non-current financial members please include \$5 per family per session with the booking. We will email you to confirm your booking.

**Please make sure your bookings are in before Thursday 29<sup>th</sup> June 2017.** Note that bookings are made on a first come, first served basis and some sessions may book out before the closing date.

We look forward to seeing you there!!

## Some Special notes:

These sessions are designed to provide you with lots of ideas for playgroup (or home). We understand that some children might find it hard to focus for the whole time so we do really appreciate your efforts to help them stay engaged or to be occupied as quietly as possible.



A member of Playgroup Australia Inc.

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Office Hours: 9.30am - 2.30pm  
Monday – Friday, school terms only

Ph: **1800 171 882**  
(Free call in ACT region)

Fax: (02) 6251 9887

Outside ACT region ph: (02) 6251 0261

## Playdates Booking Form – **FREE FOR ACT PLAYGROUPS MEMBERS!!!**

To book a session please fill out this form and return it to us. No Bookings will be taken without a completed form **and payment** (for non-members). Playdates cost \$5 per family per session for non-members, but are FREE for current ACT Playgroups members.

**Bookings close 12.30pm Thurs 29<sup>th</sup> June** but are taken on a first come first served basis and may book out before this time.

There are both a minimum and maximum number of participants per session. If the minimum number is not reached the session will be cancelled. Similarly, once the maximum number is reached, no more bookings will be taken for that session. **It may be important therefore to list 3 preferences.** You will be advised by email of which session you were successfully booked into.

**Dates:** Monday 3<sup>rd</sup>, Tuesday 4<sup>th</sup>, Wednesday 5<sup>th</sup>, Thursday 6<sup>th</sup> and Friday 7<sup>th</sup> July 2017

**Location:** Cook Castle Playroom, Cook Community Hub, 41 Templeton St, Cook (entrance in Ellis St carpark)

Name (as shown on membership): \_\_\_\_\_

Member No.(if known): \_\_\_\_\_ Membership Expiry Date: \_\_\_\_\_

Phone No.: \_\_\_\_\_ Email address (for booking confirmation): \_\_\_\_\_

**Sessions\*:** Please circle the session/s you would like to attend.

Date/Time	Monday 3 <sup>rd</sup>	Tuesday 4 <sup>th</sup>	Wednesday 5 <sup>th</sup>	Thursday 6 <sup>th</sup>	Friday 7 <sup>th</sup>
9:30am	Sensory 2 – 5 yrs	Baby Literacy Birth - 2 yrs	Bluearth Birth- Pre-walker	Baby Sensory Birth - 2 yrs	Baby Music Birth - 2 yrs
10.45am	Baby Sensory Birth – 2 yrs	Baby Music Birth – 2 yrs	Bluearth Walker – 5 yrs	Science / Numeracy 2 - 5 yrs	Bluearth Walker – 5 yrs
12 noon	Literacy 2 – 5 yrs	Music 2 – 5 yrs	Baby Sensory Birth – 2 yrs	Baby Music Birth – 2 yrs	Bluearth Birth - Prewalker

**\*For more information about session types, please see over.**

If my requested session(s) are full:

<input type="checkbox"/>	Please don't process my details as I'll wait until you next run playdates, or
<input type="checkbox"/>	Please book me into one of these other sessions if they have space. (3 preferences).

Name(s) of Children attending	Date of birth	Any allergies/issues we should be aware of?

**Payment Method** (Free for ACT Playgroups members; \$5 per family per session for non-members)

Cheque/Money Order (payable to ACT Playgroups Association Inc.)  Credit card – Details following:

Expiry date   /    Mastercard  Visa Amount: \_\_\_\_\_

Cardholder's name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Cash (Note: booking cannot be confirmed until payment is received – please pay by 29<sup>th</sup> June 2017)  
Cash will **not** be accepted on the day.