

What are Playdates?

Playdates are short interactive workshops for you and your child/ren to participate in and learn play ideas and information which you can use at home and at playgroup. The sessions are split into baby sessions specifically for children up to 2, and general sessions available to all ages of children up to 5 (although they are aimed primarily at 2-5 year olds). Please note that as baby sessions are intended for babies under the age of two, if you must bring older children along as well, we cannot offer childcare for them.

These playdate sessions will be available:

Bluearth - Mighty Movers:

Children under five are starting to learn how to use their bodies. Regular physical activity through play not only improves motor skills, muscle and bone strength, it also develops a sense of self confidence and independence. Join us and explore how simple it is to bring more activity and movement into your family life and create positive attitudes towards being active.

Our Birth-Pre-walker session focusses on engaging with your baby through movement and keeping your body healthy with simple stretches.

Our Walker-5 years session focusses on activities for gross motor skills and demonstrating loose parts play.

Science and Numeracy: (2-5 years)

Science and Numeracy are all around. Have fun with experiments, play games and take part in more fun and interactive activities to extend your child's interest, Develop an understanding of maths, numeracy and science through play. Come along and find out just how much fun it can be.

Sensory/Messy play / Baby sensory/messy play:

Be prepared for mess as we explore a variety of edible (for babies) , slimy, bubbly substances, different textures, smells and sounds in the session that is our most popular! **Be prepared to get messy and bring some spare clothes – for adult and child.**

Music & Movement / Baby Music play:

Let out your inner musician/dancer! Both you and your child will have a great time moving to music, singing action songs, exploring instruments, scarves and more. Music is a fantastic way to develop concentration and confidence, as well as turn taking, language and social skills. Learn how to make simple instruments and yes, you will have to sing! ☺

Change and Transition: (2-5 years)

Is your family ready for childcare, preschool, school or another program? What skills are needed to ensure everyone gets the most from this next stage in their lives? Come see, play and learn...

Literacy / Baby Literacy

There are many ways to develop literacy skills. Read a book, sing a song, complete a puzzle, look at the environment e.g. signs, shops and products. They all go towards developing literacy skills. Come and find out how...

How long are they?

Generally sessions run for 30 minutes, but they may be as short as 20 minutes or as long as 40 minutes, depending on the children attending on the day. By the end of the sessions children have really had enough, even if the adults would like to stay and play for longer!

When and where are they?

This term, Playdates will be held in the first week of the school holidays, from Tuesday 26th Sept to Friday 29th Sept 2017. They will be held at the Mawson Playroom, Southlands Shopping Centre, Mawson. The specific session dates and times are listed on the reverse side of this form.

How do I book?

You **must** book in order to attend these sessions. To book a session please fill out the form on the reverse side and either fax it to 6251 9887, scan and email it to play@playgroupact.org.au , post it to ACT Playgroups, PO Box 513, Jamison Centre, ACT, 2614, or hand it in at our office at the Cook Community Hub, 41 Templeton St, Cook (parking and entrance off Ellis Street – times: Mon - Fri 9:30am to 2:30pm, school terms only). **No bookings will be taken without a completed form, or payment** (if required). Non-current financial members of ACT Playgroups please include \$5 per family per session with the booking. **We will email you to confirm your booking.**

Please make sure your bookings are in before Thursday 21st September 2017.

We look forward to seeing you there!!

Some Special notes:

These sessions are designed to provide you with lots of ideas for playgroup (or home). We understand that some children might find it hard to focus for the whole time so we do really appreciate your efforts to help them stay engaged or to be occupied as quietly as possible.



A member of Playgroup Australia Inc.

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Office: 41 Templeton St, Cook, ACT
 Hours: 9.30am - 2.30pm Mon – Fri
 school terms only

Ph: **1800 171 882** (Free in ACT region)
 Outside ACT region ph: (02) 6251 0261
 Fax: (02) 6251 9887

Playdates Booking Form – FREE FOR ACT PLAYGROUPS MEMBERS!!!

To book a session please fill out this form and return it to us. No Bookings will be taken without a completed form **and payment** (for non-members). Playdates cost \$5 per family per session for non-members, but are FREE for current ACT Playgroups members.

Bookings close 12.30pm Thursday 21st September 2017, but are taken on a first come first served basis and may book out before this time.

There are both a minimum and maximum number of participants per session. If the minimum number is not reached the session will be cancelled. Similarly, once the maximum number is reached, no more bookings will be taken for that session. **It may be important therefore to list 3 preferences.** You will be advised by email of which session you were successfully booked into.

Dates: Tuesday 26th Sept, Wednesday 27th Sept, Thursday 28th Sept, Friday 29th Sept 2017

Location: Mawson Playroom, Southlands Shopping Centre, Mawson Place, Mawson

Name (as shown on membership): _____

Member No.(if known): _____ Membership Expiry Date: _____

Phone No.: _____ Email address (for booking confirmation): _____

Sessions*: Please circle the session/s you would like to attend.

Date/Time	Tuesday 26 th Sept	Wednesday 27 th Sept	Thursday 28 th Sept	Friday 29 th Sept
9:30am -10.00am	Bluearth (birth-Prewalker)	Bluearth (Walker-5)	Baby Music (birth-2)	Baby Sensory (birth-2)
10:45am - 11.15am	Bluearth (Walker-5)	Bluearth (birth-Prewalker)	Baby Sensory (birth-2)	Change & Transition (ages 2-5)
12.00pm -12.30pm	Baby Sensory (birth-2)	Baby Music (birth- 2)	Baby Literacy (birth-2)	Music (ages 2-5)
1.15pm - 1.45pm	Sensory (ages 2-5)	Change & Transition (ages 2-5)	Literacy (ages 2-5)	Science & Numeracy (ages 2-5)

***For more information about session types, please see over.**

If my requested session(s) are full:

<input type="checkbox"/>	Please don't process my details as I'll wait until you next run playdates, or
<input type="checkbox"/>	Please book me into one of these other sessions if they have space. (3 preferences).

Name(s) of Children attending	Date of birth	Any allergies/issues we should be aware of?

Payment Method (Free for ACT Playgroups members; \$5 per family per session for non-members)

Cheque/Money Order (payable to ACT Playgroups Association Inc.) Credit card – Details following:

Expiry date / Mastercard Visa Amount: _____

Cardholder's name _____ Signature _____ Date _____

Cash (Note: booking cannot be confirmed until payment is received – please pay by **Thurs 21st Sept 2017**)
 Cash will **not** be accepted on the day.