

ACTive Play Digest



Welcome to your ACTIVE Play Digest. This hard copy update with the latest news and links to articles is sent out to Playgroup Contacts with playgroup profiles early each month. News articles are now regularly posted on our website and on Facebook. We are hoping this will allow for families and playgroups to better access up-to-date stories, information and resources. All feedback is appreciated and welcome.

Best wishes from your ACT Playgroups Team



June 2017 ACTive Play Digest

PlayDates are on again in the July School Holidays

What are PlayDates? Hands on fun, educational and informative play sessions for you and your child/ren to participate in

What sessions are available

Sensory/Messy play

Explore different textures and consistencies of several different substances. For babies food based substances are used.

Physical development

Find out what to use from around the home to enhance children's physical development.

Music & Movement

Move to music, sing songs, explore instruments and more. Music is a fantastic way to develop concentration and confidence, as well as language and social skills.

Literacy

This session demonstrates ways to develop literacy skills through different mediums including books, paper, puppets, props and more! How do you encourage children to sit and listen, join in, etc.? We'll show you how.

When are they?

6 July - 10 July 2015

Where are they?

Cook Community Hub, 41 Templeton St, Cook

More information?

See our website for a booking form.

www.playgroupact.org.au/information-latest-news/news/playdates/

Articles on our website this month

Don't forget to keep checking our new website and Facebook page for news and updates. Check out the following articles:

- Thinking and knowing and the importance of Mothers
- Painting activities at playgroup
- End of May is 'hats off' time
- Canberra's best playgrounds
- Nut and allergy awareness for playgroups
- Fire Safety at Playgroup

Articles go up weekly so keep checking to read all our news. The latest news articles can be found at: www.playgroupact.org.au/information-latest-news/latest-news-and-media-alerts/

If you have any suggestions for topics to be covered or would like to submit an article, please feel free to contact us!

ACT Playgroups' Facebook Pages and Groups

Have you seen and liked our Facebook pages and groups? These have useful, important and relevant information and resources for playgroups. Take a look:

ACT Playgroups Association: For ideas, resources, information, playgroup events: www.facebook.com/PlaygroupsACT/

ACT Paint and Playgroup: For Paint and Playgroup updates, events and more: www.facebook.com/ACT-Paint-and-Playgroup-1636120529972625/

ACT Playgroup Contacts Group: A special group for Playgroup Contacts to share, connect and receive specific information needed for the Contacts role: www.facebook.com/groups/ACTPlaygroupContacts/

Sticks and Stones Nature Playgroup: For all things related to nature and outdoor play for families with young children. Also information about what is happening in our Sticks and Stones Nature Playgroup program:

www.facebook.com/Sticks.Stones.NaturePlay/

Intergenerational Playgroups Canberra: For information about our Intergenerational Playgroup program:

www.facebook.com/intergenerationalplaygroupscanberra/



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Play is Serious Business

The importance of play is a fundamental principle of the playgroup philosophy.

You will notice that all events offered by ACT Playgroups focus on learning through play by having wonderful fun times together. In addition, our Development and Support Workers offer a range of PlayDates designed to bring more inspiration to playgroups and their 'play'.

Whether you have a newborn or a toddler, play is special. Not only is it enjoyable, but it is very important to children's development. It is their way of learning about the world around them. Through play, they try out new skills, explore their imagination and creativity, and learn about relationships with other people. It can also be an especially powerful bonding time with you, their parent or caregiver. The beauty of this learning and growing time is that the motivation for a young child to do it is already there--it's FUN!

Playschool Concerts

'Prince of Bears' - songs, stories and games. Live at the Albert Hall from 13 - 16 July 2017. Flyer enclosed - for tickets/bookings:

www.kidspromotions.com.au

What's special about your playgroup??

Have you been on an interesting excursion? Have you discovered a no-fail activity? Does your playgroup have a favourite song or story or dance or game? We would love to showcase your playgroup experiences ... please email us your stories and pictures to share with other playgroupers.



Thanks to the
Canberra Weekly
for their continued support.

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10AM - 3PM FITZROY PAVILLION, EXHIBITION PARK IN CANBERRA
4 February, 18 March, 22 April, 20 May, 24 June, 5 August, 9 September, 4 November 2017

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12-15 JULY 2017

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