

Ice Smash

Develops coordination and ability to use tools



Kids love exploring ice in all shapes and sizes, especially large blocks with treasures hidden inside!

How to set up this activity:

- 1 find your container - cake tin, ice cream bucket or cut milk bottle all work well
- 2 grab some objects - either natural (pine cones, pebbles, acorns) or plastic toys
- 3 pop your objects into your container, fill with water, add food colouring
- 4 place containers in your freezer for 24 hours
- 5 find a variety of tools to break up the ice - wooden rolling pin, large sticks, hand sized rocks or rubber mallet are a good start

The next day - head outside, pop out your ice blocks, place the tools to the side, and let your kids loose on the ice - to explore, smash them up, work out how to free the objects inside or build an ice sculpture. Observe at first, then join in.



Develops upper body strength

Using tools to break the ice develops large muscle skills.



Sensory Development

Sense of touch is developed from feeling the cold ice.



Develops problem solving skills

Learning how to use tools and work out how to free frozen objects.

For more tips and ideas go to fb.me/MightyMoversCBR or bluearth.org