

The Gingerbread Man

Develops physical literacy through sharing a book



The call goes out “Run! Run as fast you can. You can’t catch me. I’m the Gingerbread Man.” and a toddler squeals with delight as the chase begins.

Reading books with your child creates special moments as they’re introduced to new concepts and imaginary worlds. Reading to your child increases their vocabulary and introduces them to literacy. You can bring books to life with your child by acting out the stories, further enhancing the reading experience. Your child will learn body awareness and how to turn words into actions and movement.

Book titles to get you moving:

The Gingerbread Man | We’re Going on a Bear Hunt | Toddlerobics
The Animal Boogie | Goodnight Yoga | Head, Shoulders, Knees, and Toes: And Other Action Rhymes | Row, Row, Row Your Boat | Ask your local library for titles.



Develops joyful movement

Stories, role playing and active rhymes provide motivation to move.



Develops a love of books and literacy

Bring books to life through play and movement.



Family fun

Making time to share books and movement with your child builds positive relationships.

For more tips and ideas go to fb.me/MightyMoversCBR or bluearth.org