

November
2018

ACTive Play



ACT Playgroups
Association Inc.



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Welcome to your ACTIVE Play Digest. This hard copy update with the latest news and links to articles is sent out to Playgroup contacts with playgroup profiles early each month. News articles are now regularly posted on our website and on Facebook. We are hoping this will allow for families and playgroups to better access up-to-date stories, information and resources.

PLAYGROUP CHRISTMAS PARTY

Don't forget our next great event, the Playgroup Christmas Party.

Date: Wednesday 5th December

Place: Wakefield Gardens, Ainslie

Time: 10am—11:30am

There will be games, fun and activities for all, and a visit from Santa. Hope to see you there.

ALL PLAYGROUP CONTACTS and VOLUNTEERS

Please let us thank and pay tribute to the amazing work you do volunteering at a Volunteers morning tea. All Playgroup volunteers welcome and invited.

Date: Monday 19th November

Time: 11:00—12:00 (including Children's week awards presentation)

RSVP: Wednesday 14th November
via email: play@playgroupact.org.au

Place: ACT Playgroups Office
41 Templeton St, Cook



Check out our latest blog posts and articles on our home page: www.playgroupact.org.au

WE HAVE REFURBISHED OUR PLAYROOMS—START A PLAYGROUP TODAY.

LANYON PLAYHOUSE NEWLY REFURBISHED



Our fabulous playrooms provide engaging environments where children and carers can have quality interactions together.

Our Playrooms are place where you and your child can go for playgroup to have fun, and be supported in your community.

Mawson playroom has a fabulous soft fall gym, kitchen and toys and is available for Playgroup excursions. Lanyon is a beautiful little cottage with a lovely inviting outdoor area. At Cook we have two fully equip playrooms with a large nature play area outside. To find out more about our playrooms contact ACT Playgroups at play@playgroupact.org.au or phone 1800 171 882 today



MAWSON PLAYROOM ENJOY FUN PHYSICAL PLAY



COOK PLAYROOM NATURE AND MORE

Helping your child prepare for school

There are many Playgroup activities that benefit children in getting ready for their first steps into formal education.

Although at times it seems like it's just song singing or story listening, in actual fact at Playgroup we're practicing a whole range of valuable skills vital for a smooth transition to school.

Consider this...

- Playing dress ups and opening lunch boxes teaches self-care.
- Music and singing is helping children learn about working in groups, turn taking and confidence building.
- Asking for help and being aware of others in a space is teaching social skills and manners.
- Getting adults to take turns reading stories or leading music sessions can get your child ready for a teaching environment.
- Craft activities at Playgroup can help your child develop essential fine motor skills, such as pencil grip and cutting.
- Choosing their own activities at Playgroup promotes independence, confidence and independent thinking.
- Different toys and resources at your local venue may help develop logic and problem solving.
- Story sessions introduce early literacy concepts.
- Playgroup excursions can prepare children for expectations of their behaviour while out and about.
- The structure at Playgroup will help your child get used to the routines involved in daily life at school, such as washing hands before eating, group time and the morning welcome.



More tips for school readiness

- Visit the school when there are few people around – have a wander about and point out the classroom they'll be in, and check out the playground and toilets.
- Take some of your child's friends to the park or playground and let them play while you sit on a bench and have a coffee, so your child gets used to the idea that you won't be involved in all their activities all the time, including at school.
- Allow your child to dress themselves as much as possible, building confidence, self-care and dexterity.
- Go for some picnics so your son or daughter can practice opening and closing their lunch box, and allow them some choices about what might go in it too!
- Help children get used to other known people helping them eg. suggesting a friend or grandparent to help tie laces, get drinks etc.
- Before term starts invite children from the neighbourhood who'll be starting school at the same time, to come over for a play.

Welcome to the following playgroups

We would like to welcome the following new playgroups and wish them many years of happy playtime together!

Holt Super Kids— Sunday 3-8 years (restricted membership)

Dickson Splash and Play— Friday 0—5 years*

* indicates that group has vacancies

EIGHT NEW MAGICIANS - BRAND NEW SHOW
BROADWAY'S BIGGEST SELLING
MAGIC SPECTACULAR
"MAGIC'S CIRQUE DU SOLEIL"
-THE TIMES OF LONDON

THE
ILLUSIONISTS
DIRECT FROM BROADWAY

6-16 DECEMBER

"MIND-BENDING ACTS OF MAGIC AND ILLUSION . . .
OUTRAGEOUS AND JAW-DROPPING ACTS"
-TIME OUT NEW YORK

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