

April 2019

ACTIVE Play



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Welcome to your ACTIVE Play Digest.

This hard copy update with the latest news and links to articles is sent out to Playgroup contacts with playgroup profiles early each month. News articles are now regularly posted on our website and on Facebook. We are hoping this will allow for families and playgroups to better access up-to-date stories, information and resources. All feedback is appreciated and welcome.

Welcome to April!

Thanks to everyone that made the trek to Stromlo Recreation Park last month for our World's Biggest Playgroup event. It was a beautiful day with lots of transport fun and activities and some help from our wonderful partners on the day (Bunnings, Marymead, Canberra Folk Dance, St John Ambulance, YMCA, Libraries ACT and others).

We have attached some pictures below.

Playgroup Registrations

Thank you to all those groups who have returned their annual playgroup registration forms. Registering your playgroup provides you with coverage for public liability insurance, helps us help with support, advertising and resources and ensures we have up-to-date knowledge and information about your group.

It is important that this is completed to ensure your playgroup insurance is up to date and current.

Playgroup registration forms can be downloaded from our website at <https://playgroupact.org.au/membership/playgroup-registration-ben->



Welcome to the following playgroups

We would like to welcome the following new playgroups and wish them many years of happy playtime together!

Chapman1 - Bunch of Babies 0-2yrs*

* indicates that group has vacancies



FREE online membership for another year!

At last year's AGM it was decided to extend the free membership trial for 2019. This makes it easier than ever to become a member or to renew your membership. To renew or become a member visit our website and follow the link to:

www.playgroupact.org.au/membership/membership-types/family/

Please remember to make a donation if you can, every bit helps us to keep supporting you and your playgroup.

Easter Fun

Sensory Activities

Make playdough 'nests' and fill them with playdough eggs in different colours. (You could add a fluffy chicken or two, too.)

Add plastic ducks or eggs with water inside to the sand and water table.

Bury plastic eggs in sand for the children to find. Place stickers inside the eggs.

Provide the children with plastic bunnies and ducks in the sand for dramatic play.

Supply the children with different colours of plastic Easter grass for a tactile experience.

Hide plastic eggs in plastic grass for the children to find.

FLUFFY CHICKENS

Cut a large egg shape from paper and collage it. Small squares of yellow paper, multi-coloured tissue paper, coloured rice or pasta and cotton wool are all suitable for this collage.

A very simple chicken can be made from a cotton wool ball with a beak made from a diamond of paper. Sit the chicken in a single section of an egg carton.



Games

- ◇ Have an Easter egg hunt (inside or out or both).
- ◇ Dress up in Easter hats and have a Parade.
- ◇ Egg Hop: Cut out large egg shapes from coloured paper. Place them on the floor and to hop from one egg to another.
- ◇ Footprint Fun: Cut out large bunny or duck foot print shapes. Place them on the floor for the children to follow.
- ◇ Egg Toss: Supply children with plastic eggs and an Easter basket. Place a piece of masking tape on the floor for a throw line. The distance from the basket to the line should vary with abilities. Have the children throw the eggs into the basket.
- ◇ Duck Waddle Race: Children grasp their ankles and have a duck waddle race.
- ◇ Duck, Duck, Bunny: Played like "Duck, Duck, Goose" except the children will hop around the circle, and say "Bunny" instead of "Goose."

Healthy Easter Snacks

Put egg shaped fruits (red and green grapes, blueberries, watermelon balls - using a melon baller, cherry tomatoes, cranberries etc) into a 'nest' of shredded wheat cereal or dried noodle snacks (or maybe an upside-down prawn cracker or half an orange).

Try decorating (and eating) real hard boiled eggs for morning tea.

Easter cookie cutters can be used to make Easter sandwich shapes or plain biscuits.



cdpkids Fun with Spot

Spot

Based on the books by Eric Hill

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