

March 2019

ACT Play



ACT Playgroups Association Inc.

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Welcome to your ACTIVE Play Digest.

This hard copy update with the latest news and links to articles is sent out to Playgroup contacts with playgroup profiles early each month. News articles are now regularly posted on our website and on Facebook. We are hoping this will allow for families and playgroups to better access up-to-date stories, information and resources. All feedback is appreciated and welcome.

Welcome to March!

It is an exciting month with lots happening, We have National Playgroup week coming up fast and we would love you all to join us at World's biggest Playgroup on Wednesday 27th March, at Stromlo Forest Park. There will be so much to do, the theme is Transport so bring your bikes, scooters and prams to explore the cycling track and all it has to offer.

Our development and support workers have started to visit a number of playgroups, we do aim to visit as many playgroups as we can in 2019. These visits are to support you and your playgroup, Increase the participation, planning/learning experience, resources, structure, venue support and lots more.



Playgroup Registrations

Thank you to all those groups who have returned their annual playgroup registration forms. Registering your playgroup provides you with coverage for public liability insurance, helps us help with support, advertising and resources and ensures we have up-to-date knowledge and information about your group.

It is important that this is completed to ensure your playgroup insurance is up to date and current.

Playgroup registration forms can be downloaded from our website at <https://playgroupact.org.au/membership/playgroup-registration-benefits/>

MyTime Holiday Program:

Bookings are now open for our April sessions of the MyTime program for children with additional needs (15-19 April). For more information call/email the office on 1800 171 882 or play@playgroupact.org.au.

PlayDates;

April PlayDates bookings will be opening soon and running 15,16,17,18 April at our Cook Play Space. PlayDates are a great way to learn lots of wonderful new ideas and activities for you and your playgroup - and they are only \$5 per family per session for ACT Playgroups members. For more information and a booking form go to <http://playgroupact.org.au/information-latest-news/news/playdates/>

Welcome to the following playgroups

We would like to welcome the following new playgroups and wish them many years of happy playtime together!

Cook1—Playing in Spanish (II) (0-5)

Kaleen3—Kaleen Meet and Move (0-5)*

Taylor1—Margaret Hendry School Playgroup (0-5)*

Conder1—LPGH Wensdates (0-1)

Bush0— Bush Kids ACT Playgroups (0-5)*

* indicates that group has vacancies

FREE online membership for another year!

At last year's AGM it was decided to extend the free membership trial for 2019. This makes it easier than ever to become a member or to renew your membership. To renew or become a member visit our website and follow the link to:

www.playgroupact.org.au/membership/membership-types/family/

Please remember to make a donation if you can, every bit helps us to keep supporting you and your playgroup.

Activity Fun

Craft Activities

Autumn Collage

Here's an excuse to go outside and collect some autumn leaves! Even the youngest children can make a pretty Autumn collage that you will be proud to display...

You will need: Autumn leaves, Paper, Glue, and Pens

Instructions: Press your leaves for a couple of days by slipping them between sheets of newspaper under a heavy book. Arrange your leaves on paper and glue into place, add any further decoration you like with pens, crayons or pencils. You could also use glitter or even stickers to make your autumn collage special and original.



Autumn Sticker Tree

Children will enjoy both the hand painting and printing and the sticking on of stickers! You could adapt the craft for spring by using pink "blossom" stickers

You will need: Brown paint, Paper, Round stickers in yellow, red and orange

Instructions: Paint your hand and wrist in brown paint. Stamp onto the paper with your fingers spread wide to form the tree's branches. When the paint is dry, stick on lots of "leaf" stickers in lovely autumn colours!

Messy Play - Gloop

Cornflour Gloop

2 Cups Cornflour Dash of non toxic food coloring Cold water

Hint: Add water gradually until it is smooth and runny enough to be dribbled



Harmony Tree Craft Activity

Hand template Coloured pencils - Coloured textas - Scissors

After a class discussion on cultural diversity, provide each student with a hand template. Inform students that they will be using the hand template to write their name and represent their culture. Allow students to cut out and decorate their hand. Once the students have finished, encourage them to show their hand to the class and explain something special about themselves and their culture. Use brown crepe paper or cardboard to create the trunk of a tree. Attach all the students' paper hands to the top of the trunk to form the leaves of a tree. Use the Harmony Tree as a classroom display for Harmony Day.



WORLD DANCE CLASSES FOR YOUNG PEOPLE



World dance classes give children a taste of cultural traditions through the joy of dancing together. Classes improve fitness and co-ordination in a relaxed way without competitions or dress-code.

WHEN (during school term):

2 to 4 years (with parent or carer), Thursdays 10 – 10:45am

4 to 7 years, Fridays 4:15 - 5:00pm

8 years +, Fridays 5:30 - 6:15pm

COST: \$8 per class (discount for siblings, carers free)

WHERE: Folk Dance Canberra
114 Maitland Street
Hackett ACT 2602

Enquiries: 0420 524 412 (Rebecca)
Email: folkdancecanberra@gmail.com
www.folkdancecanberra.org.au

