

June 2019

ACTive Play



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Welcome to your ACTive Play Digest.

This hard copy update with the latest news and links to articles is sent out to Playgroup Contacts with playgroup profiles early each month. News articles are now regularly posted on our website and on Facebook. We are hoping this will allow for families and playgroups to better access up-to-date stories, information and resources. All feedback is appreciated and welcome.

Welcome to June!

Winter has arrived, its time to rug up and enjoy the lovely Canberra weather. We have activities to keep children content regardless of the weather.

My time holiday program manager coming soon!

Date: 8th—12th July

Bookings: will be open soon via the ACT playgroup website.

Location: Gungahlin Child and Family Centre

51 Ernest Cavanagh St, Gungahlin
ACT 2912

Time: 0930—1130

Holiday Insight

9th June

National Donald duck day

Donald's cartoon debut on June 9th, 1934

14th June

Monkey around day

Today is a day to "Go Ape!"

17th June

Eat your vegetables day

Strategically created in the middle of national Fresh fruit and Vegetables month, this day is perfect to introduce health portions of vegetables in to your diet.

29th June

Hug holiday day

"Hug Holiday is founded on the premise that hugs, friendship and volunteer support are vital components to the overall senior care plan."

Would you like to be come an all inclusive playgroup?

Playgroups can be one of the most important time for young parents to connect with the community and other like-minded people but it can be a daunting prospect for new parents, families that have just moved to the area and families living with additional needs.

Regardless of children's abilities, backgrounds and appearances, if you welcome everyone to your playgroup, provide play experiences for children and socializing opportunities for parents, your playgroup is one of the inclusive playgroups in town. But inclusive play doesn't mean that every element of play is accessible to everyone, but it means that the combination of play experiences adds to something that is equally great for each child.

Inclusive play allows your children to experience the diverse world around them in their early age.

- How can you build an inclusive playgroup? It's very simple as;
- Making your playgroup as welcome as it can be to new and existing families so families feel welcome to come and want to continue attending.
- Set up an environment to ensure everyone feels comfortable and confident.
- Play activities could be adapted to suit different needs.

Arranging a welcoming area at your playgroup is the one of the simple and most important thing that you can do to make your playgroup welcoming and inclusive.

To find out more please follow us on Facebook

<https://www.facebook.com/groups/ACTPlaygroupContacts/>

Or If you would like to know more about becoming a Inclusive playgroup please contact us at play@playgroupsact.org.au



Build a scarecrow

Vegetable gardens are highly attractive to birds, and you would want to keep them away to prevent damage. A scarecrow is a safe solution

What you will need

Old clothes — Boots—Twine — Nails — Straw or dried grass — Pillowcase — (2) 6' garden stakes

Step by step

- Insert the horizontal piece through both of the shirt sleeves and make it centred
- Build the cross frame shape like a cross, nailing the frame together
- Hammer the frame into the ground
- Tie off waistline and sleeves. Tie off both pant legs
- Stuff the chest cavity and the pants
- Attach the pants, using twine to create a pair of suspenders and add the boots
- Use the pillowcase to form the head. Stuff it with filling and then pull it down over the frame. Tie the neck to the vertical stake

Finish with lots of details.

Send us photos of your

Scarecrows and we will share them on our social media



Mr Squiggle is at the Mint!

The exhibition will include the original Mr Squiggle puppets along with other items that will take you on a journey through the unforgettable era when Mr Squiggle aired on Australian television. Mr Squiggle the Man from the Moon: Celebrating 60 years of Mr Squiggle and his creator Norman Hetherington will be on show at the Royal Australian Mint from **28 February to 28 July 2019**. Entry is free



Dingle dangle scarecrow

When all the cows were sleeping
And the sun had gone to bed

(Chorus) Up jumped the scarecrow and this is what he said
I'm a dingle, dangle scarecrow with a great big floppy hat
I can shake my hands like this and I can shake my feet like that

When all the hens were roosting
And the moon behind a cloud
Up jumped the scarecrow and shouted very loud

Loud chorus

When the dogs were in the kennels
And doves were in the loft
Up jumped the scarecrow and whispered very softly

Soft Chorus

Loud chorus

A colorful advertisement for Play School Concerts. The background is blue with white clouds. At the top, the word 'PLAY' is written in large, colorful letters. Below it, 'SCHOOL' is written in similar letters. The word 'Concerts' is written in a large, yellow, cursive font. Below that, 'Humpty's Showtime' is written in a red, cursive font. In the center, there are several puppets: a yellow bear, a girl with a red bow, and a brown bear, all sitting on colorful blocks. At the bottom, there is a red banner with white text: 'Fri 12 - Sun 14 July • Albert Hall Yarralumla', 'BOOK NOW TICKETS SELLING FAST', 'www.kidspromotions.com.au', and 'Phone 1300 788 028'. There are also small logos for 'KIDS PROMOTIONS' and 'KIDSPROMOTIONS.COM.AU' at the bottom.

Welcome to the following new Playgroups

We would like to welcome the following new playgroups and wish them many years of happy playtime together!

Cook 1— SupaMumas— Tuesday - 0-2yrs

Googong1 - Googong playgroup— Friday 0-4yrs *

Mawson1— Each peach Playgroup— Thursday 0-2 yrs

Downer—Sprout Mandarin Playschool— Sunday 0-5*

Mawson1—Ready to Play The Gym Way—Monday 0-5

* indicates that group has vacancies