

# INDOOR PLAY WITH YOUR TODDLER

## 1. Build a fort

Use blankets, pillows, and chairs to create a cozy fort where your toddler can crawl, play, and imagine.

## 2. Storytime

Read books together or create your own stories by using picture cards or drawing illustrations. Encourage your toddler to participate in the storytelling process.

## 3. Puppet show

Use puppets or make your own sock puppets to put on a puppet show for your toddler. Encourage them to participate and create their own stories.

## 4. Sensory play

Set up a sensory play station with activities like playdough, water play, or a tray filled with coloured rice. Offer various tools and objects for your toddler to manipulate and explore.

## 5. Sensory bins

Fill a large container with various materials like rice, beans, sand, or water. Add cups, spoons, and small toys for your toddler to explore and play with.

## 6. Arts and crafts

Engage your toddler in simple art activities like finger painting, colouring with crayons, or making collages using cut-out pictures from magazines.

## 7. Puzzles and shape sorters

Introduce age-appropriate puzzles and shape sorters to help your toddler develop problem-solving skills and hand-eye coordination.

## 8. Dance party

Put on some lively music and have a dance party with your toddler. Move and groove together, encouraging them to mimic your dance moves or create their own.

## 9. Indoor obstacle course

Create a mini obstacle course using pillows, cushions, tunnels, and small toys. Encourage your toddler to crawl under, climb over, or jump across the obstacles.

## 10. Indoor scavenger hunt

Hide toys or objects around the house and provide your toddler with clues or pictures to find them. This activity promotes exploration and problem-solving.

Remember to always supervise your toddler during playtime and ensure the activities are age-appropriate and safe.

